



THE PE AND SCHOOL  
SPORTS NETWORK

## THE PE & SCHOOL SPORTS NETWORK HEALTH & WELLBEING PROGRAMME

Here is the Network's programme of offer for Health & Wellbeing. If you would like further information on any of the programmes please get in touch using the details below.



*Contact us!*

**Jessica Mark**

HEALTH ACTIVATOR

[jessica@lpessn.org.uk](mailto:jessica@lpessn.org.uk)

Tel: 0207 237 1928 Ext: 4086

